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<http://24.224.149.218/jhouser>

## TECHNICAL SKILLS

### Programming

- Visual Basic 6.0
- ADO Objects
- JAVA
- Visual Age for JAVA
- VB for Applications
- FORTRAN
- MS Visual Studio
- REALBasic OSX
- CodeWarrior

### Platform / OS

- Windows 9X, 2000, XP
- Windows NT 4.0 Server
- Mac OSX UNIX
- MacOS 6-9.x

### eBusiness / Internet

- Access DAP's
- VBScript
- Active Server Pages (ASP)
- Java Server Pages (JSP)
- HTML
- Dreamweaver MX
- Flash MX
- ColdFusion
- JavaScript
- IBM Websphere

### Development/ Analysis

- MS Visio
- Visual Modeler
- OO Programming
- ERD Diagraming
- Case Method
- UML
- GUIDS Documentation

### Database

- IBM DB2
- MS Access 2000
- FileMaker Pro 6.0
- SQL

### Graphics / Layout

- Adobe Illustrator
- Adobe PhotoShop
- PageMaker 6.5
- QuarkExpress 6
- Acrobat/ Distiller 5

### Productivity

- MS Office 2000/X
- MS Project
- AppleWorks 6

### Communications

- TCP/IP
- IIS Server
- Apache Server
- FTP
- RemoteDesktop Admin.

## PERSONAL

- Former International Athlete
- International level Coach / Educator
- Strong, confident leader with exceptional team skills

### **Owner: *EDGE PERFORMANCE Enterprises***

IT/MIS Consulting / Web Design / Database

## SAMPLE RECENT OR ONGOING CLIENTS

### **Rejuvanex Medical Aesthetics and Wellness Centers**

- HTML JavaScript and Flash based website design and programming. This site is up but in progress awaiting further content from the business owners. Tools:Flash MX, Dreamweaver MX, Photoshop CS, Bbedit (for Javascript)  
[www.rejuvanexmedical.com](http://www.rejuvanexmedical.com).

### **Rivard Design Group**

- Flash based website design and programming. [www.rivarddesigngroup.ca](http://www.rivarddesigngroup.ca)  
(deprecated – development folder: <http://24.224.149.218/RDG/temp/indexF.html>)

### **Innovative Properties Inc.**

- HTML Javascript, and Perl based website design and programming..  
[www.innovativeproperties.com](http://www.innovativeproperties.com)
- General System and Network Maintenance (Windows XP Pro / Win98)
- Shareholder Database programming (MS Access)

### **Halifax Diamondman Quadrathlon**

Results/MIS. 2001 - 2005 World Cup events and 2004 World Championships. I was responsible for all results management. Developed proprietary results system using Filemaker relational database software.

## ITI PROJECTS

### **Web Presence and MIS**

- Using HTML, JavaScript, VBScript, FrontPage 2000, Access 2000 and numerous other technologies, developed a fully functional Intra/Internet and Information System for the fictional enterprise: Available in portfolio this site has been deleted from the iti servers.

### **Virtual Placement Agency**

- Utilized GUIDS methodology and Object Oriented processes, VisualBasic 6.0, ADO, SQL, Active X, MTS and Microsoft Access 2000 to develop an enhanced n-tier application for tracking Employment Opportunities, Employers and Applicants on Windows 9x and NT platforms, deployed over an intranet LAN and the internet utilizing Active Server Pages, and IIS technologies.

### **Personal Placement Agency**

- Realized the power of the internet with VisualAge for Java. An exercise in Java proficiency and Object Oriented programming, this project built upon the application developed in the Virtual Placement Agency Project to create a Java based 3-tier architecture.

### **Project tracking System**

- DB2, UDB and Java were employed to meet real world specifications in the design, deployment, and administration of a fully functional e-business enterprise application.

## OTHER EXPERIENCE

### **Owner/Developer: coachcom Sport Science**

est. September, 2000

- coachcom provides international level coaching and sport science to athletes around the world via internet web presence. ( <http://www.coachcom.ca> ).
- Elite Sports Equipment for Canoe Kayak
- Clients include several Olympians, including a Sydney 2000 Bronze Medalist.

### **Program Director: Sack-A-Wa Youth Internship Program** 02/2002–09/2002

- Program to re-integrate 'at-risk' youth into the employment stream.
- Skills development in IT (Web site development), Boat Building, and light construction.

### **Director and Coach: Lanier Canoe and Kayak Club**

1997-2000

*Community Olympic Development Program (A USOC Program)*

- Acting as a consultant, I successfully created the largest canoe/kayak development program in the US
- Development of Georgia State USOC Junior Olympic programs.
- One of only two coaches to win National Titles in Canada, and the US. (1992, 1999 & 2000)

### **Program Director, Network Manager, U.S. Canoe & Kayak Team**

1997-1998

- Responsible for administration of grants and funding over (US) \$1.7 million.
- Administration and development of coaching, club, and National Team programs.
- Partnered with the United States Olympic Committee.

### **Head Coach: Banook Canoe Club**

1991-1995

- Structured and implemented programs serving Canada's largest competitive canoeing club.
- Achieved 6 local and 12 national age class titles. 3 National overall championships.
- Management of 15 coaches and more than 300 athletes from 6 to over 60 years of age.
- Under my leadership, Banook grew to house the largest athlete membership in its 102 year history

### **Program Coach / Coordinator:**

*Nova Scotia Provincial Canoe Team, Canadian Sprint National Canoe Team*

1990-2000

### **Member (7 Years): Canadian National Canoe Team**

1983-1989

Traveled extensively in Europe and the Americas. Represented Canada internationally in events including the Pan American Games, World Championships, and as a member of the 1984 and 1988 Olympic Teams (alternate). Highly skilled in goal setting, planning, stress management, teamwork.

## EDUCATION

**Post Graduate - Applied Information Technology (AIT) (*With Distinction*)**,  
Halifax Campus

July 2001

Information Technology Institute (ITI)

**Bachelor of Science**(Kinesiology, Minors: Computer Science, Math and Biology)

1995

Halifax, Nova Scotia

Dalhousie University

## POSITIONS - QUALIFICATIONS – AWARDS – PROFESSIONAL

- National Coaching Certification Program (NCCP) Level 1 and 2 Instructor:
- Certified Level Three Coach (Level 4 USA) NCCP Passport # CC334325
- Chairman (1996-1998); Canadian Association of Coaches in Canoe and Kayak
- Critical Thinking Workshop. United States Olympic Committee, Outstanding Presentation Award, 1998,
- Member: 1997 and 2003 World Canoe Championships Committees, MIS & Technica
- Member (1996-1998); Sprint Racing Council, Canadian Canoe Association
- Registrar; Atlantic Division, Canadian Canoe Association. (1996)
- Head Coach: 2000 - 2001 Canadian Marathon Canoe World Championship Team.
- Head Coach: 2001 Canada Summer Games Canoe Team, Team New Brunswick
- Coach: 1993 Canadian World Junior Canoe Team, Racice, Czech Republic.
- Head Coach: 1993 Nova Scotia Canada Games Canoe Team, Kamloops, B.C.
- Team(s) of the Year 1992 and 1993: Nova Scotia Amateur Sports Awards: Canada Games Canoe Team
- St. Johns Ambulance and Red Cross First-Aid Certification
- CPR- Basic Lifesaver, American Red Cross, Canadian Red Cross.
- CSTFA: Canadian Standard Test of Fitness Appraiser